



"Why was I
prescribed this
medication?"

People remember
less than half of what
their doctors say

**There is a lot to manage when
it comes to your health.**

Invite the person you trust most
to stay connected with your health
by using MyChart Proxy.

[instituteforhumancaring.org/](https://instituteforhumancaring.org/Resources/MyProxy)**Resources/MyProxy**

MyChart Proxy

MyChart makes it easy to review details about your medical visits. MyChart Proxy lets you share important information about your health with those you trust most.

Your MyChart Proxy will be able to:



View your
medicines,
vaccines, visit notes,
and test results



Request
appointments
and prescription
refills



Help you
communicate
with your health
care team



Share portions of
your chart with
other doctors and
hospitals

Choose a MyChart Proxy

Providence patients age 18 and older can appoint any adult as a MyChart Proxy.

Pick someone you trust to help with your healthcare. Your Proxy can be a close friend, a family member, or someone who lives nearby.

You can appoint more than one MyChart Proxy. This is helpful if someone manages your health from far away.

Who do you trust most with your healthcare?

Write their name here and talk with them about it.

My MyChart Proxy:

My Proxy's email address:

*MyChart is compliant with federal and state laws.
Your health information is private and secure.*

Set up your MyChart Proxy

It is easy to set up your MyChart Proxy.
Do one of the following to get started:

> Online:

Assign your MyChart
Proxy online.



Learn more at:

[instituteforhumancaring.org/](https://instituteforhumancaring.org/Resources/MyProxy)[Resources/MyProxy](https://instituteforhumancaring.org/Resources/MyProxy)

> In Person:

Ask about MyChart Proxy at your next
medical appointment.