



"Why was I
prescribed this
medication?"

People remember
less than half of what
their doctors say

EXAMPLE

**There is a lot to manage when
it comes to your health.**

Invite the person you trust most
to stay connected with your health
by using MyChart Shared Access.

instituteforhumancaring.org/Resources/MyProxy

MyChart Shared Access

MyChart makes it easy to review details about your medical visits. MyChart Shared Access lets you share important information about your health with those you trust most.

With Shared Access, your care partner will be able to:



View your medicines, vaccines, visit notes, and test results



Request appointments and prescription refills



Help you communicate with your health care team



Share portions of your chart with other doctors and hospitals

Assign a MyChart Care Partner

Providence patients age 18 and older can assign any adult as a MyChart care partner.

Pick someone you trust to be your care partner. Your care partner can be a close friend, a family member, or someone who lives nearby.

You can appoint more than one care partner. This is helpful if someone manages your health from far away.

Who do you trust most with your healthcare?

Write their name here and talk with them about it.

My care partner:

My care partner's email address:

MyChart is compliant with federal and state laws. Your health information is private and secure.

Set up MyChart Shared Access

It is easy to set up Shared Access.
Do one of the following to get started:

> Online:

Assign Shared Access online.



Learn more at:

[instituteforhumancaring.org/](https://instituteforhumancaring.org/Resources/MyProxy)**Resources/MyProxy**

> In Person:

Ask about Shared Access at your next
medical appointment.

EXAMPLE